

Anyone volunteering with the Northumberland Aquatic Club is required to sign the Volunteer's Code of Conduct to show they have read, understood and agreed to behave according to the code.

The goal of the code of conduct is to provide a positive atmosphere for all swimmers, parents, guardians, family members, volunteers and coaches of NORAC.

### **Northumberland Aquatic Club Volunteer's Code of Conduct**

1. I will practice teamwork with all volunteers, parents, guardians, family members, swimmers and coaches by supporting the values of respect, discipline, loyalty, commitment and hard work.
2. I will not coach or instruct the team or any swimmer at practice or meets (from the stands or any other area) or interfere with the coaches and how they perform their job.
3. I will demonstrate good sportsmanship by conducting myself in a manner that earns the respect of the swimmers, parents, guardians, family members, officials and the coaches at meets and practices.
4. I understand that criticizing, name-calling, use of abusive language or gestures, negative gossip and complaining towards the coaches, officials, family members, volunteers or any swimmer will not be permitted or tolerated.
5. I will enjoy the involvement with NORAC by supporting the swimmers, coaches, parents, guardians, family members and volunteers with positive communication and actions.
6. I will abide by all the policies of NORAC and Swim Ontario and am responsible to know what they are. (The Swim Ontario Code of Conduct can be found at:  
<http://www.swimontario.com/userfiles/file/Code%20of%20Conduct%20Revised.pdf>)
7. Should I fail to comply with the Northumberland Aquatic Club Volunteer's Code of Conduct or conduct myself in such a way that brings discredit or discord to NORAC, NORAC coaches or Swim Ontario I understand that I may lose the opportunity to volunteer for NORAC.

I have read, understood and agree to abide by the above Code of Conduct.

Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_