



NORAC Family Participation Policy

The Northumberland Aquatic Club is a member-run, not-for-profit organization that relies on the participation of the membership to run the Club's activities. NORAC has established this Family Participation Policy to set clear expectations around participation commitments required from our family members. The Family Participation Policy applies to all member families with at least one swimmer in the competitive program (Novice, Youth, Youth+, Jr Development, Sr Development and Elite).

At the time of registration a participation deposit will be required along with the registration fees. During the season families are intended to earn back the participation deposit as they volunteer at club run events and in support of competitive swimming.

Every activity that families can participate in has a point value assigned to it (see below). Throughout the year beginning on July 1 and ending on June 30 each family is expected to accumulate the required number of points depending on the group their swimmer(s) is in. The required points is per family not per swimmer.

Each family with one or more swimmers only in the Novice group will be charged a \$250 participation deposit and will be asked to participate in activities totalling 250 points. A family with one or more swimmers in another group will be required to fulfill only the higher group requirement.

Each family with one or more swimmers in the Youth, Youth +, Jr Development, Sr Development and Elite groups will be charged a \$450 participation deposit and will be asked to participate in activities totalling 450 points.

Group	Participation Points	Post-dated Deposit Cheques
Novice Swimmer(s) only	250	Jan 15 - \$125 June 15 - \$125
One or more swimmers in: <ul style="list-style-type: none"> • Youth • Youth + • Jr Development • Sr Development • Elite 	450	Jan 15 - \$225 June 15 - \$225

At the end of the season (June 30) a family that has earned all required points will have the participation deposit returned. A family who has only earned part of the required points will have the balance of the deposit returned. Points cannot be carried over to the next season.

Anyone associated with the swimmer's family may be a volunteer.

All volunteers must provide a signed Personal Information Protection and Electronic Documents Act (PIPEDA) Consent Form and Volunteer's Code of Conduct form prior to participating in any NORAC activities. These forms will be included in the Registration Package and can be found on the NORAC website.

Family participation opportunities, both meet and non-meet related, are available on a "first come, first served" basis providing the person has the qualifications for the job, with the following exceptions:

- serving as a member of the Board of Directors is subject to election by the club members at the NORAC Annual General Meeting.
- The Director of Officials reserves the right to pre-assign certain roles at meets for the purposes of moving officials up the ladder
- In the event that two families volunteer for the same activity, such as officiating at a home swim meet, and only one family has not yet earned the full point requirement the position will be given to the family in need of points.

Activity	Points earned
Officiating in a certified position at a home meet eg timer, starter	60
Home meet safety marshal	10
Non-officiating position at a home meet eg selling heat sheets	10
Attending a clinic	30
Receiving a deck evaluation	30
Moving up an officiating level	90
Officiating at an away meet	80
Food co-ordinator at home meet	75
Contributing food for a home meet	20
Helping out at a NORAC fundraiser eg contributing to the yard sale	25
Board member	25/meeting
Committee member	15/meeting
Newsletter editor	75/issue
Contributing to the newsletter	25/issue
Be the swim-a-thon co-ordinator	80
Work an extra bingo	40
Become a bingo banker	50
Join the Fundscrip program	20
Attend AGM	10 per family

Each family is to complete the NORAC Family Participation Points Form as they complete their activities during the year from July 1 to June 30. At the beginning of January, families will be asked to submit their forms for the period from July 1 to Dec 31. If at that time at least half of the required points have been earned the cheque dated for January 15 will be returned. If less than half have been earned, the cheque will be cashed or held depending on the number of points earned.

Specifically, a Novice family will need to have earned 125 or more points and all other families will need to have earned 225 points in order for the January cheque to be returned at that time.

Similarly, in June families will be asked to submit their points forms. Depending on the total points earned for the season the final cheque will be returned, cashed or receive a cheque for the balance of points earned.

One example of how participation points can be earned:

September – Joined Fundscrip program and ordered \$100 in cards: 20

October - Completed the strokes and turns clinic: 30

November - Officiated at the morning and afternoon sessions of the
NORAC Fall Invitational: 120 (2 x 60)

November - Obtained deck evaluation for the morning session: 30

September through November - Sold 5 bags of pepperoni sticks to family and friends: 25

TOTAL POINTS AS OF JANUARY = 225

DEPOSIT CHEQUE RETURNED

March - Two officials from the family officiated in the morning sessions on
days 1 and 2 of the NORAC Spring Performance Meet: 240 (4 x 60)

March - Obtained a deck evaluation for one official: 30

June - Donated 5 boxes of “stuff” to the yard sale: 25

TOTAL POINTS AS OF JUNE = 295

DEPOSIT CHEQUE RETURNED