

At the beginning of each swim season coaches are required to sign the Northumberland Aquatic Club Coach's Code of Conduct to show they have read, understood and agreed to behave according to the code.

The goal of the codes of conduct is to provide a positive atmosphere for all swimmers, parents, family members, swim school instructors and coaches and to make sure that training and travel together remains enjoyable and safe for all members of the team. The code will also assist all swimmers to achieve their highest level of practise and performance.

Northumberland Aquatic Coach's and Instructor's Code of Conduct

1. I will serve as a role model to swimmers, in terms of swimming technique and strategy, as well as in terms of behavioural expectations in and out of the water.
2. I will ensure that the health, well-being and development of swimmers take precedence over competition and winning.
3. I will always be mindful that competition is to be healthy and enjoyable for all.
4. I will provide a physically and emotionally safe environment for practices and competitions encouraging each swimmer to reach their maximum potential.
5. I will follow safe training and conditioning techniques taking into account the growth and developmental stages of each swimmer.
6. I will encourage success for all swimmers in and out of the pool, including encouraging continued commitment to academic achievement.
7. I will at all times, as a representative of NORAC, act professionally and ethically, with integrity, acceptance and respect for swimmers, officials, colleagues, staff, parents and family members.
8. I encourage open communication among parents, coach and athlete.
9. I will abide by all the policies of NORAC and Swim Ontario and am responsible to know what they are. (The Swim Ontario Code of Conduct can be found at: <http://www.swimontario.com/userfiles/file/Code%20of%20Conduct%20Revised.pdf>)
10. I understand that if I do not abide by the Northumberland Aquatic Coach's Code of Conduct I may be subject to disciplinary action by the NORAC Board.

I have read, understood and agree to abide by the above Code of Conduct.

Name _____ Date _____

Signature _____